



25 Years of special days for brave children

SPONSORED

Chilli challenge



Enter our sponsored challenge, upload and share your photos or video

Get your free fundraising pack from:

www.happydayscharity.org/chilli

LEO'S PANTRY

Chilli Wizards
The Hot Choice

**South devon
chilli farm**

www.happydayscharity.org Reg no: 1010943



Take the Chilli Challenge for Happy Days!

FREE TEE SHIRT WHEN YOU RAISE £50 OR MORE.

Scotch Bonnet, Trinidad Scorpion, Carolina Reaper...how much heat are you prepared to take to support disadvantaged children in the UK? The Happy Days Chilli Challenge is all about :

1. Eating the most fiendishly fiery chilli pepper you can handle for a really good cause.
2. Taking a picture or filming it for posterity - then sharing via social media or on our Chilli Challenge page.
3. Getting friends and family to cough up (as much as possible!).

We'll send you a fundraising pack, complete with sponsor forms and information on how to share your photos or video. Raise £50 or more and, as a reward for your bravery, we'll send you a limited edition Man vs Chilli tee shirt.

IMPORTANT : Be sure to have plenty of full fat milk to hand to counter the heat. Water doesn't work!
Eating very hot chilli peppers can cause breathing problems, vomiting and other health issues.
If you start to feel ill, stop immediately. *This challenge is not suitable for children.*

What does Happy Days do ?

For more than 25 years Happy Days Children's Charity has been giving trips - to zoos, the seaside, museums, theatres, outdoor activity centres, sporting events and other educational and cultural activities - to children living with mental, physical and emotional challenges. We support around 60 children with additional needs every day, giving them a chance to get out, meet new people, develop new skills and build confidence in the face of adversity.

What to do next.

Simply go to our website. Or give Nicky a call or drop her an email with your name, address and number of participants and we'll send you your free fundraising pack: Tel: 01582 651234
Email: nicola@happydayscharity.org

How you can help.

Set a date to take the Chilli Challenge - it could be just you or a group of friends - and make sure someone's there to photograph or video it so we can add it to our Chilli Challenge page. Why not alert your local newspaper - make a big thing of it.

Then start collecting sponsors. You can use the forms in your fundraising pack or set up a group or individual

JustGiving page at : 

- Keep it old school - go for raw chilli, the hotter the better.
- Curry lovers, choose a mouth-numbing phall instead.
- Dare to add a Carolina Reaper to a chilli con carne!
- Add some real heat - a Naga Viper - to your hot wings.



Enter our sponsored challenge, upload and share the video
Get your free fundraising pack from:

www.happydayscharity.org/chilli

HAPPY DAYS CHILDREN'S CHARITY



Tel 01582 651234 www.happydayscharity.org Reg no: 1010943