

# About us!



Our aims, missions & dreams

What does Happy Days do?

# What is Happy Days?

Happy Days Children's Charity was established in 1992 as a national registered charity.

Happy Days has gone from strength to strength. To date over 414,000 children have experienced the gifts of happiness and hope these holidays and trips provide.

## Our Aims, Mission & Dreams

To provide holidays, residential trips, day trips and visiting theatre performances for children & young people who have disabilities or life limiting conditions or who have been abused and young carers who are resident in the United Kingdom.

The holidays & trips help to develop the children physically, mentally and spiritually and bring them happiness, excitement and fun!

# **Days Out...**

Our days out are legendary providing self-confidence, self esteem and an opportunity for social interaction. Every year literally 1,000's of children enjoy days out to Farms, Zoos, Theme Parks, Museums, Performing Arts Experiences and the seaside.

### **Residential trips**

Our residential trips are increasing year on year, giving 100's of children wonderful opportunities to participate in innumerable activities such as archery, canoeing and abseiling, whilst providing families much needed respite.



# The Arts Residential Trips Days Out Respite Breaks Holidays...



# Some recent day trips

5 children - Weekly Riding for the Disabled

32 children - Paultons Park

48 children - Flip Out, London

47 children - Porthcawl Beach

39 children - Trampoline Park

**15 children -** Five Sisters Zoo

20 children - Banham Zoo

82 children - Mead Open Farm

54 children - Blackpool Beach

15 children - West Midlands Safari Park

50 children - Flamingoland

15 children - Sailing

67 children - Conifox Adventure Park

85 children - Woburn Safari Park

# Day trips

The children go to all sorts of wonderful venues such as theatres, wildlife parks, theme parks, zoo's and places of interest in town's cities and the countryside.

Due to their circumstances the children rarely, if ever get to go out for day trips and these are such wonderful opportunities for them.

# **Holidays & Trips**

Some recent holidays

Sam - Longleat, Center Parcs

**Prince - Woburn, Center Parcs** 

Pheonix - Haven, Hafan Y Mor

Asher - Butlins, Bognor Regis

Jessica - Butlins, Minehead

Alex - Whinfell, Center Parcs

Floyd - Parkdean, Norfolk

Ashton - Haven, Blackpool

**Dylan - Elevdon Forest, Center Parcs** 

Ruby - Paultons Park, Hampshire

Amar - Haven, Tenby

Mohammed - Haven, Yorkshire

Shaan - Haven, Blackpool

Harry - Legoland

Boycie - Haven, Dorset

Ovie - Alton Towers

Aiden - Haven, Near Edinburgh

Dylan - Haven, Northumberland

Rameesha - Haven, Yorkshire

Jenson - Haven, Cumbria

Brookly - Haven, Tenby

Lillie - Haven, Norfolk

# Some recent residential trips

- 12 Ghyll Head Outdoor Activity Centre, Lake District
- 40 Bradley Wood Activity Centre, West Yorkshire
- 74 Barnstondale Adventure Centre, Wirral
- 24 Howtown Outward Bound, Lake District
- 10 Essex Outdoor, Danbury
- 40 Calvert Trust, Exmoor
- 16 Wymondley Woods, Hertfordshire
- 20 Wilderness Centre, Gloucestershire
- 20 Northern Heights Activity Centre, Elstree
- 12 Venture Centre, Isle of Man



# **Residential Group Activity Holidays**

The residential group activity holidays enable children with disabilities to achieve their true potential through the challenge of outdoor adventurous activities in the countryside.

The residential courses are individually designed to promote education, inclusion, independence and self-motivation for those with even the most severe and complex disabilities.

Every young person should experience the world beyond home and classroom as an essential part of learning and selfdevelopment, whatever their ability or circumstances.

According to research, people with complex learning needs are more susceptible to emotional and mental health conditions than the rest of the population. The growing body of evidence indicate that greater exposure to, or contact with natural environments and time spent on holiday is associated with better physical, social and emotional well-being.



# The Arts

# Some of the children who benefitted

20 from Loughborough, Leicestershire 120 from Sunderland, Tyne & Wear 54 from Longridge, Lancashire 250 from St Helen's, Merseyside 50 from Wrexham, Wales 20 from Welwyn Garden City, Hertfordshire 205 from Woodchurch, Merseyside 50 from Belfast, Northern Ireland 24 from Worthing, West Sussex 110 from Stevenage, Hertfordshire 31 from High Wycombe, Buckinghamshire 24 from Luton, Bedfordshire 100 from Halesowen, West Midlands 100 from Coventry, West Midlands 112 from Dudley, West Midlands 113 from Maidenhead, Berkshire 100 from Merthyr Tydfil, Wales 93 from Hereford, Herefordshire 120 from Ackworth, West Midlands 134 from Edgware, London 125 from Bromsgrove, Worcestershire 210 from Bath, Somerset 117 from Plymouth, Devon

# Feedback from a visiting Theatre Perfomance

The children really enjoyed the show. Many of them had never experienced a live theatre production due to the sensory issues, so having the performance in school made it more accessible. The cast were engaging and inclusive, helping pupils feel comfortable and involved throughout. It was a fantastic opportunity for our learners to experience live performance in a familiar and supportive environment and it sparked lots of conversation and creativity afterwards. We are so grateful to the performers for making it such a positive and memorable experience.



# Visiting Theatre Performances & Trips to the Theatre

The performances teach the children about the world, about history, about geography, about people and emotions. They promote empathy and help the children to understand themselves and others.

By experiencing live theatre children can enhance their creativity, imagination and understanding of different perspectives and emotions. The experience of music, drama and live theatre is not one that the children usually experience. It is a very positive experience that supports positive mental health and attitudes. The children join in and engage in a very immersive opportunity. The children, rarely, if ever get to see live performing arts and so these performances are a wonderful opportunity to introduce that magic into the children's lives.



# Who are we...

# Staff, associates, advisors & patrons

Staff



Ryan Sinclair Chief Executive



Stephanie Sinclair Head of Beneficiary Activity & Trust Funrdaising



Nicola Tamke Senior Community Fundraising



Cox
Fundraising &
Marketing Manager



Calver
Holiday & Trust
Officer



Shah

General

Administration

Officer



Nurun Hoque Gift Aid Administrator



Theresa Marshall Group Booking Officer

# Some recent benefactors

Community Foundations Across The UK
Trusts And Foundations Across The UK
Cash For Kids

**Freemasons** 

**Ashe Construction** 

The Edward Gostling Foundation

**Lubrizol Limited** 

**Plumb City** 

Stadium Charitable Trust

The Eveson Trust

**Teachers Together** 

# **Solicitors**

Taylor Walton Solicitors 28 - 44 Alma Street, Luton, LUI 2PL

### **Auditors**

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Bradshaw Johnson Chartered Accountants Croft Chambers, 11 Bancroft Hitchin, Hertfordshire SG5 1JQ

### **Bankers**

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The Co-operative Bank Luton Branch, Community Direct PO Box 250, Skelmersdale, WN8 6WT

# Our Patrons



Valerie Singleton (OBE)



Dame Joan Collins



His Grace Duke of Northumberland



Dame Lesley Lawson (Twiggy)

it's easy to take for granted the simple things in life...

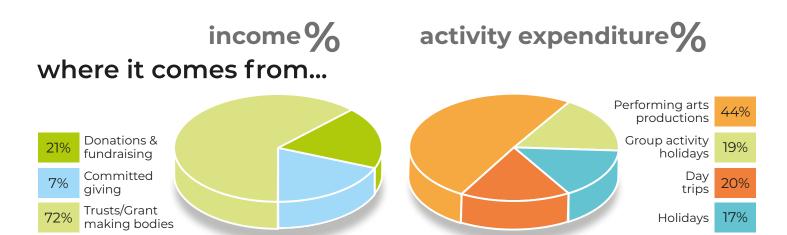
Helping children experience what life has to offer...

...but when you have special needs, life isn't so simple...

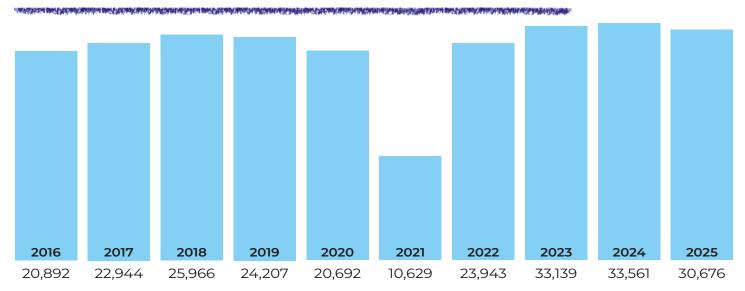
At Happy Days we believe that every child has a right to experience what life has to offer. Most of us are able to find the time we need to have a family holiday or enjoy a day out, to help us to re-group, bond, sort out problems and, of course, have some fun! However, families and groups caring for children with special needs face many barriers. Transport and venue facilities are often poorly designed to accommodate children with special needs, and the fact that many venue staff are untrained in the relevant issues can turn a seemingly unambitious trip into a truly demoralising event. Happy Days Children's Charity is here to help families and groups overcome the barriers to taking time out. Since 1992 we have been assisting families and groups by providing support and advice as well as organising day trips and holidays to enable families and groups to enjoy themselves together, rather than having to worry about how they are going to get to their destination and the support they will receive when they arrive. Our children and young people benefit from a range of activities, from day trips to the seaside and countryside to enjoying exciting theme parks. Arts trips to the theatre are also organised as are family holidays.



# Money matters...



# The last ten years...





espond so positively and with joy...



















# Our work continues...

Our waiting list consists of 1,000's of children with special needs including disabilities, life limiting conditions, or a history of abuse. Just some of the children on our waiting list are:





Alice - quadriplegic cerebral palsy

Kian - has Down's syndrome & hirschsprung disease

**Isaac** - has tetralogy of fallot

Rohaan - has hydrocephalus & mobility issues

Oscar - has cerebral palsy & hydrocephalus

**Lily-May** - has autistic spectrum disorder

Isabelle - has selective mutism

Avaan - has Crohn's disease

McKenley - has septo optic dysplasia

A - witness to domestic abuse

Theo - has pelizaeus-merzbacher disease

S - sexual abuse

Dante-Jayde - young carer

Bobbie - has tourettes syndrome

C - has mental health issues

Mia - has cushing syndrome

Miller - has severe lung growth abnormality

Albie - has supraventricular tachycardia

William - has loeys-dietz syndrome







# ...together we can make a difference...



If children
live with
approval, they
learn to like
themselves...

helping children experience what life has to offer...



The National Charity Providing Holidays, Day Trips & The Arts For Children With Special Needs