**Registered Charity** No. 1010943

> @HappyDaysCharityUK @HappyDays\_UK 🕥 HappyDaysUK 🕥

www.happydayscharity.org

Happy Days Children's Charity linkedin.com/in/happydays

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Registered with

Fundraising

ORGANISATIONAL

FR FUNDRAISING REGULATOR

Institute of

Justgiving.com/happydayscharity

Happy Days Children's Charity Unit 6 – 7. The Glover Centre, 23 - 25 Bury Mead Road, Hitchin, SG5 1RP

Tel: 01462 530710 Email: campaigns@happydayscharity.org

TEXT "Days333" to 70070 to donate £3 to our vital work



Looking after Aroob takes a lot of time and effort. and so her parents struggled to make ends meet. Happy Days organised a break to Legoland giving the family a much needed holiday and a chance to forget their worries for a few days.

Arood's

Slory

Where you can Why Not Try Doing This? Helpz

in your

Community

school

Al Work

AL College of

Universily\_

Help put out collection boxes at local shops and businesses

AL NURSERY Join in with our March or primary of the Elephants or Dance Wiggle events

> Take part in a challenge event with colleagues or set up Give As You Earn

> > Organise a Chilli Challenge or get your RAG team to support our local projects

## More Fundraising Ideas

- Contact us for a collection box for your business, local shop or pub
- \* Take on a challenge bike, hike, run, jog or walk either in the UK or abroad
- ★ Take on a skydive or a wing walk
- \* Nominate us at your local Waitrose, Tesco, Asda or Sainsbury's for their local community fundraising scheme
- \* Organise a charity ball or fundraising evening
- \* Take part in our Give It Up challenge and raise sponsorship by quitting smoking, drinking, coffee or chocolate
- ✤ Raise funds with a wear-what-you-like day
- ✤ In Memory raise funds in memory of a loved one and help create a lasting legacy

However you decide to help, get in touch and we'll be on hand to give you plenty of practical advice and materials to support your efforts.

## How your C nations Help

£10 gave Sam from Weymouth a magical day out at a Sea Life centre

£20 enabled Jack from Mansfield to see a theatre performance at school with his friends

£50 gave Louis from Welwyn a special day at a music festival with his family



What a Difference a Day Makes...

Since 1992, Happy Days has been organising and funding special days such as trips to the seaside, theatres, zoos, museums, outdoor activity centres, sporting events and other educational and cultural activities for children living with mental, physical and emotional difficulties.

## 🚽 who do we help? 📗

- Children with terminal and serious medical illnesses such as cancer and HIV
- With learning disabilities such as autism
- With physical difficulties including those who are wheelchair bound, have sight or hearing problems
- Who have been the victims of sexual or physical abuse
- Children who have lost a family member
- Young carers
- Children living in care such as children's homes
- Children that are struggling with eating disorders, self-harm or anxiety

our day lrips, holidays and aclivilies are so much more lhan jusl a nice day oul

- It's something to look forward to
- We remove barriers giving children the chance to escape isolation
- It's an opportunity to meet new friends and create a network for support now and into the future
- It's a chance to develop new skills

It helps kids develop independence It allows them to socialise with new people in different

ways It's a chance to "feel like any other child"

- and forget about their worries for a while
- It supports learning –
- better to visit a castle than to read about it in a text book
- It gives children precious memories
- ALL OF WHICH
- helps them build
- confidence! It also gives brave

parents a vital break

The second second

enabling Children struggling with difficulties in their lives by removing barriers

> PROVIDING Experiences designed to support the development of skills and confidence

SUPPORTING Children and their families with a break from the stresses of ongoing care

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## A BIL Aboul Us

- We are a small charity with only nine staff
- But we were able to support almost 25,000 children in almost every county throughout the UK last year
- We receive NO government funding and rely completely on the kind support of people like vou
- We can arrange a special day out for as little as £10
- All funds raised locally can be spent locally. So if you'd like your donation to help in your community, just ask.